

The Presidential Physical Fitness 85th Percentile

	AGE	CURL UPS (1min)	SIT & REACH (cm)	MILE RUN	PULL UPS
BOYS	13	53	33	6:50	7
	14	56	36	6:26	10
	15	57	37	6:20	11
Girls	13	46	38	8:13	2
	14	47	40	7:59	2
	15	48	43	8:08	2